TAKE-A-HIKE CHALLENGE

		CHALLINGL	
DATE	DISTANCE	WHERE DID YOU HIKE?	WHO HIKED WITH YOU?

What's the deal?

Commit to hiking as many of the trails listed as you can!

Track your journey

Use your hiking tracker to log when, where, and how many miles you hike.

Email this tracker to Colby Curry at CCurry@senecahealth.org by Septeember 5th (front and back).

How do you win?

The Native Connections Team will announce the team rankings at the end of the challenge. The top three teams will win exciting prizes!

Registration Information

N GO:	
\ge:	
-	king as part of a team? Let us know!
	nes and ages of your partners or
	nes and ages of your partners or
amily:	nes and ages of your partners or

Accept the challenge!
Win prizes!
Be active!

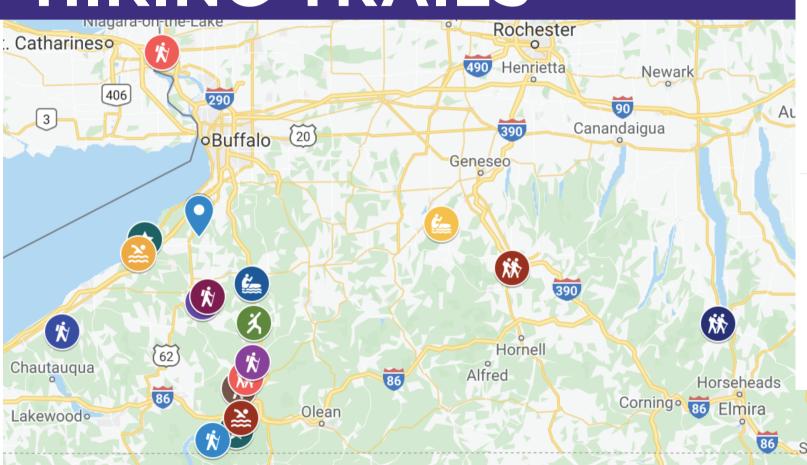
TAKE A CHALLENGE







TAKE-A-HIKE CHALLENGE HIKING TRAILS



Cattaraugus Territory

*

Zoar Valley Multiple Use Area

- Forty Road Trail
- **S** Evangola State Park



Sunset Bay State Marine Park

Out of Town Trails

- Letchworth State Park
- Devil's Hole State Park
- Matkins Glen State Park
- The College Lodge
- Stony Brook State Park
- Scoby Dam Park
- Griffis Sculpture Park



Larkin Woods/Franklin Gulf County Park Trailhead

Allegany Territory

- Allegany State Park
- Pat McGee Trail



Flagg Trail, Allegany State

- Mark City State Forest
- McCarty Hill State Forest



Red House Beach at Allegany State Park





SENECA NATION HEALTH SYSTEM

