N D F U L N E S S



FAMILY DIY CANDLES

Gather your family and join us for DIY Candles! Working as a team and focusing on a project is great for your mental health. You're practicing mindfulness and spreading positive energy! We'll provide all the materials including fun scents as well!

Wednesday, May 11th 6:00 p.m. - 7:00 p.m.

Seneca Clubhouse Cattaraugus 12861 Route 438 Irving

Seneca Clubhouse Allegany
983 RC Hoag Drive
Salamanca







This event is for youths ages 24 and under and their families RSVP:

Jennifer Stebbins
716.532.8190
jstebbins@senecahealth.org