



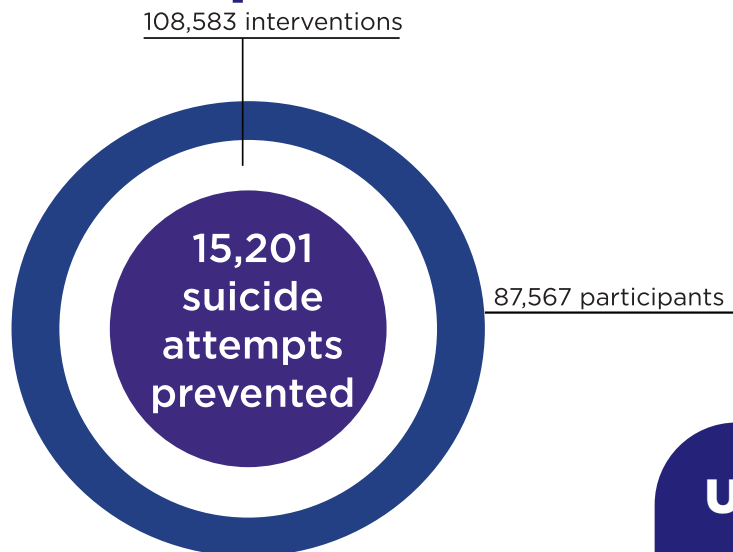
## LEARN THE SKILLS. HELP SAVE A LIFE.

Suicide is preventable. Anyone can make a difference.

### ASIST is:

- Two-day workshop in suicide intervention skills
- Learn and practice a life-saving intervention model
- Widely used by professionals and the general public
- Cost effective with a 50:1 return on investment in decreasing long-term costs of suicide (2015 study)

### ASIST's impact in 2016



COVID-19 safety guidelines will be in place and provided to all registered participants.

### ASIST CHANGES LIVES

Odds of improvement after receiving an ASIST intervention:

- ▲ 35% more hopeful
- ▼ 31% less depressed
- ▼ 46% less overwhelmed
- ▼ 74% less suicidal

### UPCOMING ASIST WORKSHOP

#### DATE

Monday, April 18th  
Tuesday, April 19th

#### TIMES

8:30am - 4:30pm

#### LOCATION

**Seneca Clubhouse Cattaraugus**

12861 Route 438 | Irving, NY 14081

#### REGISTRATION

#### DEADLINE

April 11th

#### TO INQUIRE/REGISTER EMAIL:

**lbushman@senecahealth.org**

