

QUIT SMOKING

QUIT SMOKING COLD TURKEY



DETAILS:

Join Native Connections Prevention Specialist, Tony Rovito, for this virtual event on the dangers of smoking and vaping, and the resources available to help you quit. Start living a healthy lifestyle and honor your journey!

November 16th
3:30 - 4:30 p.m.

On LifeSize (get access when you RSVP)

NATIVE
connections
Honor your journey.



SENECA NATION
HEALTH SYSTEM

COVID protocols will be in affect so please be sure to mask up and practice the six-foot social distance rule.

This event is for youths
ages 24 and under and
their families RSVP:

Jennifer Stebbins

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