Thursdays with Traci





Wanna chat?

Have a question you need answered? Want to talk about something that is going on in a confidential, judgment-free zone? Traci is ready!

Join us **Thursday, March 11th from 3:30 - 4:30 p.m**.

Send any topics you would like to discuss or questions to Jennifer.

Traci is a Health Educator here within our Health System and will be hosting meetings once a month to discuss health topics such as self-care, resiliency, mental health, puberty, sexually transmitted infections, healthy relationships or anything else you may have questions about.





