## DIY Dream Catcher





## Change your dreams...

The dream catcher was first utilized by the Ojibwa tribe. They would weave deer sinew or nettle stalk around a tiny round or tear-shaped frame and decorate it with beads. The dream catchers were then used to trap nightmares in its web to let the good dreams drift in.

Join us as we talk more about Dream Catchers and resiliency while making your own dream catcher. All who register will receive their own dream catcher kit and access to the virtual event.

March 16th 6:00 p.m. - 7:00 p.m.

(COVID pickup protocol in effect. Check website for more info)





