

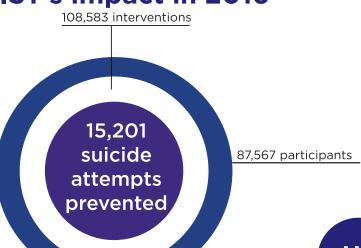
# LEARN THE SKILLS. **HELP SAVE A LIFE.**

Suicide is preventable. Anyone can make a difference.

#### **ASIST** is:

- Two-day workshop in suicide intervention skills
- Learn and practice a life-saving intervention model
- Widely used by professionals and the general public
- Cost effective with a 50:1 return on investment in decreasing long-term costs of suicide (2015 study)

## ASIST's impact in 2016



COVID-19 safety guidelines will be in place and provided to all registered participants.

















### **ASIST CHANGES LIVES**

Odds of improvement after receiving an ASIST intervention:

- △ 35% more hopeful
- ▼ 31% less depressed
- ▼ 46% less overwhelmed
- ▼ 74% less suicidal

### **UPCOMING ASIST WORKSHOP**

DATE Monday, March 22nd Tuesday, March 23rd

**TIMES** 8:30am - 4:30pm **LOCATION** 12767 NY-438

**CCC Multipurpose Room** 

REGISTRATION

DEADLINE March 12th

TO INQUIRE/REGISTER EMAIL: lbushman@senecahealth.org

Learn more about ASIST and see the evidence at www.livingworks.net/ASIST