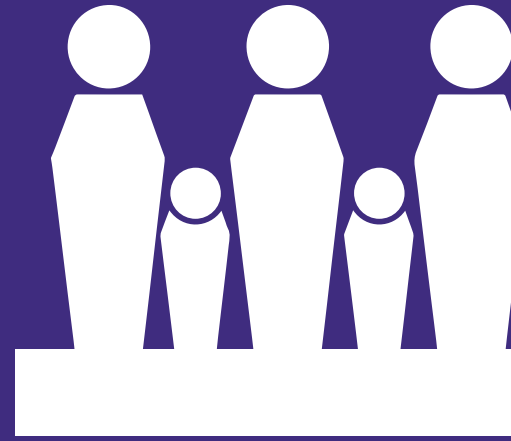


# CULTURE

## SELF- DISCOVERY JOURNALING



### What is self-discovery journaling?

Have you been keeping up with your self-discovery journal? Are you interested in getting one started?

Join us on:

Wednesday, February 10th - 3:30 - 4:30 p.m. &  
Wednesday, February 24th - 3:30 - 4:30 p.m.

Don't have a journal? Let us know when you RSVP and we will get you one.

**RSVP to Jennifer for virtual access.**

**Youths ages 12-17 RSVP:**

**Jennifer Stebbins**

**716.532.5583 ext. 5433**

**[jstebbins@senecahealth.org](mailto:jstebbins@senecahealth.org)**

**You must RSVP to get access.**

Please note that every COVID-19 safety precaution will be taken when picking up your materials. Please wear your mask and respect the six-foot social distant rule.

