



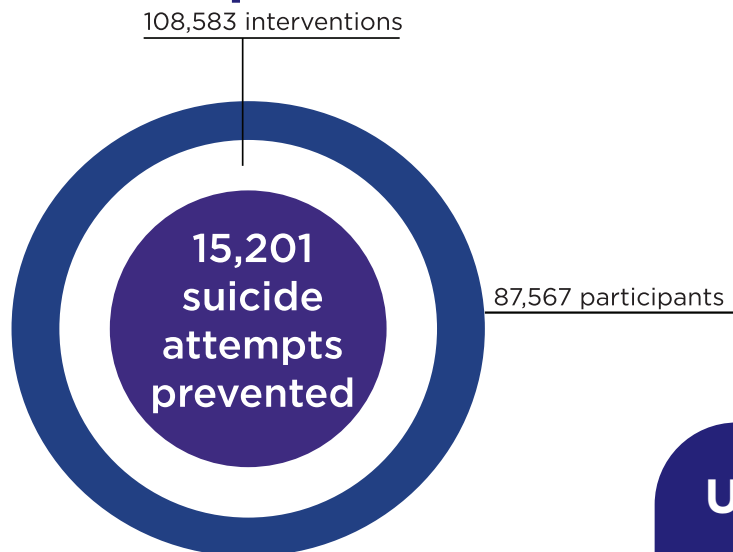
LEARN THE SKILLS. HELP SAVE A LIFE.

Suicide is preventable. Anyone can make a difference.

ASIST is:

- Two-day workshop in suicide intervention skills
- Learn and practice a life-saving intervention model
- Widely used by professionals and the general public
- Cost effective with a 50:1 return on investment in decreasing long-term costs of suicide (2015 study)

ASIST's impact in 2016



ASIST CHANGES LIVES

Odds of improvement after receiving an ASIST intervention:

- ▲ 35% more hopeful
- ▼ 31% less depressed
- ▼ 46% less overwhelmed
- ▼ 74% less suicidal

COVID-19 safety guidelines will be in place and provided to all registered participants.

UPCOMING ASIST WORKSHOP

| | |
|------------------------------|--|
| DATE | Thursday, December 17th Friday, December 18th |
| TIMES | 8:30am - 4:30pm |
| LOCATION | CHWC Grand Room |
| REGISTRATION DEADLINE | December 4th |

TO INQUIRE/REGISTER EMAIL:
lbushman@senecahealth.org

Learn more about ASIST and see the evidence at www.livingworks.net/ASIST

