

# SENECA CLUBHOUSE CALENDAR

## NOVEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Health & Wellness YOGA Virtual Hangout 3:30 - 4:30 p.m.	3 <b>ELECTION DAY!</b>  <b>NO PROGRAMMING</b>	4 Life Skills Self-Esteem Building Virtual Hangout 3:30 - 4:30 p.m.	5	6	7
8	9 Health & Wellness Self Esteem Building Virtual Hangout 3:30 - 4:30 p.m.	10	11 <b>VETERAN'S DAY</b>  <b>NO PROGRAMMING</b>	12 Book Club Discussion Virtual Hangout 3:30 - 4:30 p.m.	13	14
15	16 Health & Wellness Meditation Exercises Virtual Hangout 3:30 - 4:30 p.m.	17	18 Life Skills Choosing a Support Circle Virtual Hangout 3:30 - 4:30 p.m.	19 Traditional Dance Demonstration with Marty Jimerson 6:00 - 7:00 p.m.	20	21
22	23 Health & Wellness Personal Hygiene Virtual Hangout 3:30 - 4:30 p.m.	24 Virtual Family Cooking Class Pumpkin Pie!! 6:00 - 7:00 p.m.	25	26 <b>HAPPY THANKSGIVING</b>	27	28
29	30	<p>Native Connections and Clubhouse events are for youth ages 12-17 and some are open to their families as well. If you have an idea for a virtual event, have a question, or would like to register, please contact Jennifer Stebbins.</p>				

Jennifer Stebbins  
716.532.5583 ext. 5433  
JStebbins@senecahealth.org

\*Virtual events are hosted on LifeSize.  
You will receive login info when  
you register!

**NATIVE**  
connections



SENECA NATION  
HEALTH SYSTEM