



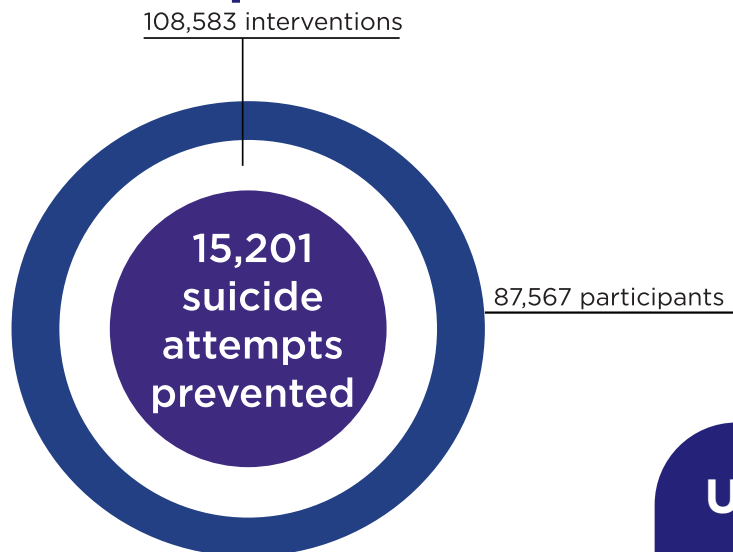
**LEARN THE SKILLS.  
HELP SAVE A LIFE.**

Suicide is preventable. Anyone can make a difference.

**ASIST is:**

- Two-day workshop in suicide intervention skills
- Learn and practice a life-saving intervention model
- Widely used by professionals and the general public
- Cost effective with a 50:1 return on investment in decreasing long-term costs of suicide (2015 study)

**ASIST's impact in 2016**



**ASIST CHANGES LIVES**

Odds of improvement after receiving an ASIST intervention:

- ▲ 35% more hopeful
- ▼ 31% less depressed
- ▼ 46% less overwhelmed
- ▼ 74% less suicidal

COVID-19 safety guidelines will be in place and provided to all registered participants.

**UPCOMING ASIST WORKSHOP**

<b>DATE</b>	Thursday, November 12th Friday, November 13th
<b>TIMES</b>	8:30am - 4:30pm
<b>LOCATION</b>	CHWC Grand Room
<b>REGISTRATION DEADLINE</b>	November 11th

**TO INQUIRE/REGISTER EMAIL:**  
**Hward@senecahealth.org**

Learn more about ASIST and see the evidence at [www.livingworks.net/ASIST](http://www.livingworks.net/ASIST)

